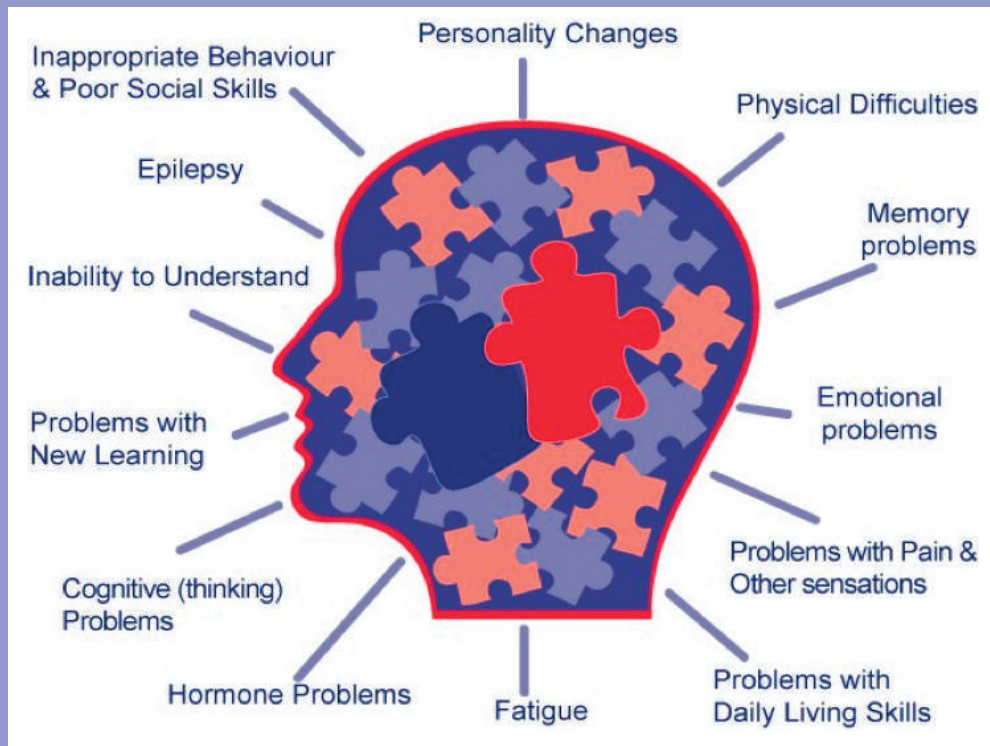


# BASIC - Brain And Spinal Injury Centre Outcome Report 2016/17

*Transforming Lives for 30 years*



## What new clients achieved after twelve months of using our services

- 78% report reaching their personal goals
- 68% report improved understanding of brain injury
- 77% report increased confidence
- 73% report improved quality of life
- 73% report improved motivation
- 59% report improved energy levels

*"BASIC has made a massive contribution to my rehabilitation and to putting me 'back on my feet'  
Thank you"*

How many people accessed our services during 2016/17?

**828**

people used our services

**178**

people were new referrals

**509**

clients were discharged

**419**

regular service users at

1st April 2017

*"BASIC is a Lifeline and it boosts your confidence in so many different ways, I can't even begin to fathom life without it. Life is only getting better. I am alive today because of BASIC"*

**Age range?**

18 - 24	5%
25 - 49	37%
50 - 64	33%
65 +	25%

Males	60%
Females	40%

**Where from?**

Greater Manchester	98%
Outside GM	2%



**168** service users exercised regularly with power-assisted machines

*" I just want to say how wonderful BASIC has been to my father, it's given him his life back. It's given him a purpose, going to the gym everyday to meet people, he's really come out of his shell since he had a stroke. Initially when he went there he was in a poor state, now he regularly walks 2 to 2 and a half miles a day, there's no stopping him ...thank you so much BASIC for all you have done"*

**133** service users accelerated their physical and cognitive recovery using innovative virtual reality technology

*"Being able to walk whilst attached to a harness was such a fantastic experience, it gave me freedom I haven't had before. I knew I couldn't fall which gave me a confidence and reassurance to keep walking in a safe environment. Exhilarating and exciting and later exhausting but so worth it!"*

**106** service users improved activities of daily living

*" Since regularly attending BASIC I have noticed a significant improvement in my wellbeing..my financial situation has become more stable. I have come to a deeper level of understanding of traumatic brain injury. My psychological concerns have been addressed "*

**86** service users accessed vocational rehabilitation

*" I have used BASIC for advocacy which has been excellent in difficult circumstances. My confidence since attending BASIC has improved and has helped my expectations of getting back into work"*

**68** service users accessed specialist psychotherapy and psychology



*" "BASIC is a massive part of my life and it's helped me after my unfortunate TBI, and now I've made great friends."*



- 50** service users received help with welfare benefits
- 48** service users improved their cognitive processing
- 44** service users undertook work placements
- 43** service users reduced stress with complimentary therapies
- 33** service users got back to work
- 22** service users progressed into community work

*"I've have two brain operations and I was out in the dark until I found BASIC. I had problems and no one knew how I could get help, but then BASIC came along and it was amazing. I just want to say how memory workshops helps me, because my memory is really bad and memory workshop is just amazing"*



*"Since regularly attending BASIC I have noticed a significant improvement in my wellbeing...I have learned that the effort I put into my rehabilitation and with the support, understanding and guidance of staff at BASIC has assisted me immensely in rebuilding my life...I feel that I am testament to the statement that BASIC are experts at rebuilding lives following a traumatic brain injury"*

Find us at [www.basiccharity.org.uk](http://www.basiccharity.org.uk) Tel 0161 707 6441 Email [enquiries@basiccharity.org.uk](mailto:enquiries@basiccharity.org.uk)

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