

# IMPACT REPORT

Positive Moves CIC

2016-2017



## Positive Moves CIC - Moving People in the Right Direction.

Positive Moves was set up in 2006 to work with disadvantaged and vulnerable groups providing social, educational and recreational services for those aged 5-95.



**1.** Positive Stars is our youth club for children and young people with disabilities and their siblings. During the sessions we provide arts, crafts, sports, recreation, games, construction, building and music equipment. We go on trips every couple of months to Southport, bowling, trampolining and other fun places.

**2.** We provide 2 sessions a week for older people who are socially isolated. We go out on trips to local markets, the coast or other popular places. One day a week we take them shopping, to the GP or hospital depending on their need. We support people who have dementia and provide escorts.

**“When he first started coming to your group his speech and communication abilities were not very good. This did not put you off taking him and with your support he has done fantastic...you and the volunteers and staff understand him and have always been supportive.”**

**3.** For our participants we help achieve a reduction in isolation, build social networks and provide fun activities at very low cost so low income families can come along.

**4.** We run the Youth Information Counselling Services by working in a small multi agency partnership to provide a one stop shop for young people to help and support and improve self-confidence and skills. The young people go onto education, training or find work and/or volunteering opportunities.

**“I love coming to the Youth Club, I meet my friends, the staff are really nice, it’s fun. It keeps me off the streets and I can escape from my brothers!”**

**5.** It’s really important that young people are treated as their own selves and they get the chance to integrate and socialise with their peers who may or may not have disabilities.

**6.** We also provide support for parents as they need to be able to talk about challenging behaviour and emotional problems. This is an opportunity to share strategies and good practice to help them cope and build good relationships with their children.

**7.** We hope to get more funding so we can run an intergenerational project for a longer period of time. We have witnessed through the summer trips the benefits of intergenerational activities in building friendships and creating a better understanding of each other’s lives.