

IMPACT REPORT

Fiddler's Lane Mums' and Dads' Club

Date 2016-2017



Fiddlers Lane
Community Primary School

Mums' and Dads' Club is a unique opportunity to spend quality time at school with the purpose of improving the wellbeing of our families.

We create high quality arts and crafts using everyday objects so families can have fun in the session and be inspired to try new things at home. We help families improve communication by focusing on verbal and face-to-face skills - no phones allowed.



1. Every Friday in the school year we have a Mums' and Dads' Club session in our school hall - playing music and doing arts and crafts, but most importantly spending quality family time while participating in activities together.

2. We teach how to turn everyday objects in art projects. Finding treasures in kitchen cupboards and recycling bins is easy if you are inspired. A jar lid, seeds and some plasticine can create a wonderful picture. Making it together as a family will help create stronger emotional bonds, improve face-to-face communication and make everybody content.

“Definite improvement in fine motor control. Using tools such as scissors, brushes and clay has helped with handwriting and pencil control.”

3. Everybody benefits from Mums' and Dads' Club being part of our school - children, families, teachers and neighbours. By encouraging families to spend more quality time together we improve their wellbeing and improved family life creates a better sense of community.

4. To encourage families to attend more often we have instigated a loyalty programme. Now families who regularly attend are rewarded at the end of the year with gifts. We feel that families benefit more by attending regularly and through attracting funding we have been able to offer more places every week.

“The emotional and confidence building is seriously boosted by the pride of the work they produce with their parents. Their self-esteem takes a leap knowing that their parents want to spend time with them.”

5. Our school is in a pocket of high deprivation where families have a low income. There are high levels of domestic violence in this area of the city along with significant levels of depression and anxiety, which impacts on the children's wellbeing. Working with our families in this positive way brings people together and creates stronger social bonds so support networks are strengthened.

6. We engage with local organisations in the city to raise awareness of different aspects of wellbeing. Last year the Health Improvement Service came in and taught us about healthy eating, the Red Devils carried out multisport sessions and Salford Community Leisure helped us make trinkets for the Christmas Market.