



Helping you stay healthy and succeed at work

WorkWell in Salford

Are you facing challenges at work because of a health condition?

WorkWell is a free offer designed to support people with health conditions or disabilities, whether a mental health or a physical health concern such as a musculoskeletal (MSK) condition. Our friendly and experienced WorkWell team will help you stay in work or return to work if you've had to give up your job due to a health-related condition. This includes self-employed workers.

What we offer:

- a personal assessment to understand the best support for your needs
- tailored plans to address your physical and mental wellbeing
- access to local health services, wellbeing activities, and community support
- careers advice and guidance to help you progress in your current job or explore new opportunities
- tailored support from a dedicated WorkWell Community Connector

Eligibility:

You can access WorkWell if you are employed, self-employed, or recently unemployed and facing health-related challenges to either remain in work, or return to work.

How to access WorkWell

Please ask your GP reception for a referral to Wellbeing Matters social prescribing.

WorkWell is funded by The Department for Work and Pensions

