

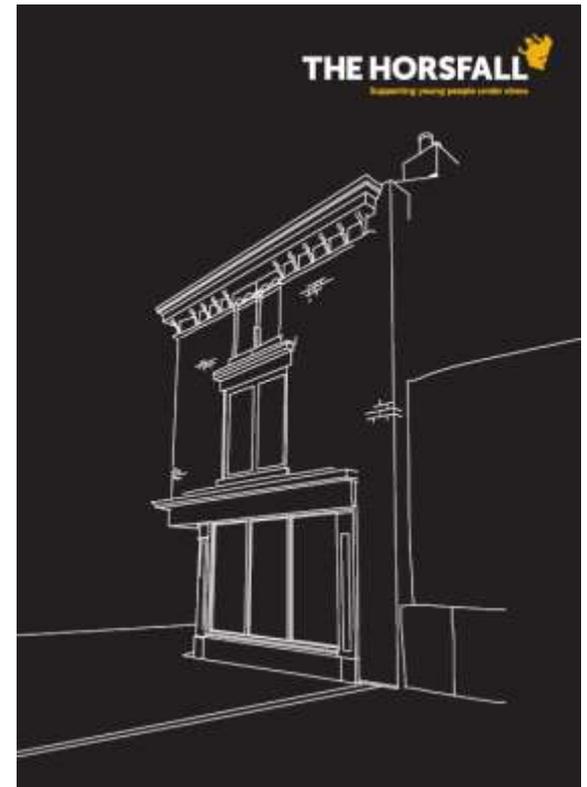


# Wellbeing, Health and Social Care Forum Salford

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May 3<sup>rd</sup> 2016

# A bit about 42<sup>nd</sup> Street



## Our Mission

**To support young people with their emotional well-being and mental health, promoting choice and creativity.**

**We champion young person centred approaches that demonstrate local impact and have national significance**



# The (growing) need Young People In Mind March 2015

- Over half of mental health problems in adult life (excluding dementia) start by the age of 14 and 75% by 18
- 60-70% of children and young people who have experienced clinically significant difficulties have not had appropriate interventions at a sufficiently early age
- **Anxiety**: 290,000 children and young people (under 18 years) have a diagnosed anxiety disorder.
- **Depression**: 80,000 children and young people (under 18s) are seriously depressed.
- **Self Harm**: Greater Manchester is seeing higher than national average presentations at A and E in 8 out of 10 boroughs
- **Suicide rates** are almost double the national average across Greater Manchester
- **Social factors** that contribute to mental ill-health- poverty, exam pressures, unemployment, absence of welfare ,sanctions, domestic violence, abuse, bullying.
- 40% of parents are say that their children's emotional health is a concern (Children's Society)
- 42<sup>nd</sup> Street has seen the young people needing our service double over the last two years, from 1000 to 2000 with issues becoming increasingly complex

***“Need is rising and investment and services haven't kept up”*** *Simon Stevens, CEO of NHS England -March 17<sup>th</sup> 2015 Future in Mind*



# The local context

Children and young people (PHE Child Health Profile June 2015):

- Under 20 years make up 24.3% of the population;
- 21.2% of school children are from a minority ethnic group;
- 26.8% aged under 16 years live in poverty;
- The rate of inpatient admissions for 10-24 year olds due to self-harm for the period 2011/12 – 2013/14 was higher than the England average;
- In 2013/14 young people aged 0-17 years were admitted for mental health conditions at a higher rate to that in England as a whole.

42<sup>nd</sup> Street Q3 data

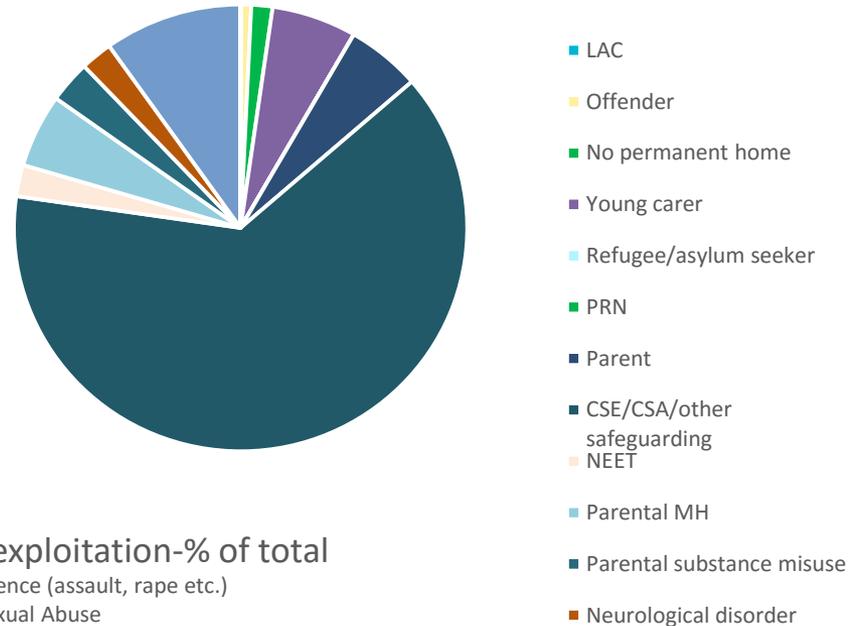
- 42<sup>nd</sup> Street referrals 30% 11-15, 44% 16-19, 26% 20-25
- 21% presented last quarter with previous suicide attempts in last 6 months and 14% with self harm
- Highest presentation rates are around:
  - ✓ Stress
  - ✓ Suicidal thoughts
  - ✓ Anger
  - ✓ Depression
  - ✓ Family problems
  - ✓ Isolation

# Transition

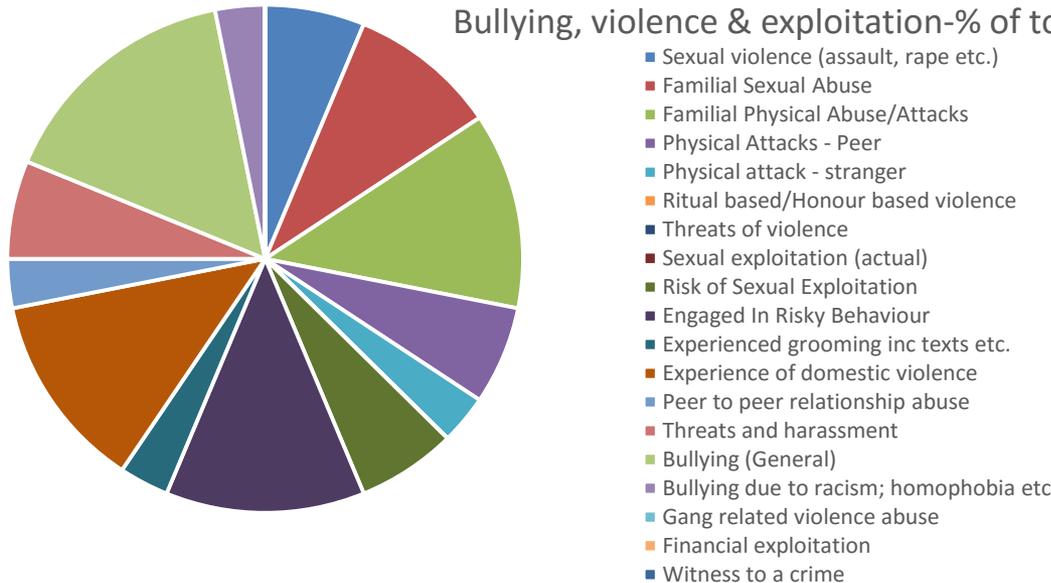
## 42<sup>nd</sup> Street DfE data

- 64% identifying issues that initiate our safeguarding procedures
- 10% parental mental health
- Family physical abuse 13%
- Engaged in risky behaviour 13%
- Experience of domestic violence 13%
- Bullying 16%
- 85% no previous contact with statutory services

### Vulnerabilities



### Bullying, violence & exploitation-% of total



# The language of Greater Manchester Health and Social Care Devolution



“The fastest, biggest improvement in health, wealth and wellbeing of the 2.8million people of Greater Manchester”

Giving us the power to take charge of health, wealth and wellbeing in our communities. Together, we can make a difference

# Our 5 Big Ideas- Early Intervention and Prevention

1. Use language and approaches that are empowering; getting help is a good thing and shouldn't be discouraged by using alienating and judgemental language like "dependency"
2. When people do need to access services, encourage the services to foster people's ability to be independent- its not an either/or , especially if the support is really personalised and looks at the strengths in a person's life.
3. If young people and their families are going to be expected to take control and responsibility for health, give them the tools e.g. Make mental health education compulsory and consistent across Greater Manchester schools.
4. Don't just expect good peer support to happen, otherwise it could backfire, but support and train young experts to share their stories, experiences and solutions.
5. Invest in services and opportunities that bridge the gap between looking after yourself and needing a lot of support, including arts and cultural opportunities





## **PROMOTING EQUALITY, ENDING INEQUALITY**

Greater Manchester has the fastest growing economy in the country and yet ...

# Some key messages

- ✓ **We are many.** The army of staff, volunteers and supporters across the sector can be a **catalyst for change and connector of people.**
- ✓ Our role is **critical for the economic success** of the devolution of Greater Manchester but also for the equally important **cultural and social devolution** that will help build a truly equal city region.
- ✓ We can devise, develop and **deliver solutions to some of the most challenging problems** faced by Greater Manchester, breaking down barriers and building community confidence and cohesion and ensure we **move from crisis resolution to anticipation and prevention.**
- ✓ **We understand our communities.** We can help drive people-powered change, harnessing social action and **bridge the gap** that sometimes exists between institutions and the people they serve

# GM Mental Health and Wellbeing Strategy

## Compelling Vision

“Improving child and adult mental health, narrowing their gap in life expectancy, and ensuring parity of esteem with physical health is fundamental to unlocking the power and potential of GM communities.

Shifting the focus of care to prevention, early intervention and resilience and delivering a sustainable mental health system in GM requires simplified and strengthened leadership and accountability across the whole system.

Enabling resilient communities, engaging inclusive employers and working in partnership with the third sector will transform the mental health and well being of GM residents.”

# Devolution for 42<sup>nd</sup> Street as a Service Provider

## Provider Priorities

- Equality
- Integration and system change
- Early Intervention, Prevention and Choice
- People Power

## GM Mental Health and Wellbeing Strategy

- Access
- Integration
- Sustainability
- Prevention
- Sustainability?



# Integration and System Change

“strengthened **leadership** and **accountability** across the whole system”

- Leading beyond organisations
- Simplified arrangements- but with an understanding and analysis of scale reflected in service design and commissioning



# EARLY INTERVENTION with a new type of LISTENING



**Thank you**

Any questions?