GMCA GREATER MANCHESTER COMBINED AUTHORITY

NHS in Greater Manchester

Welcome to the Greater Manchester Mental Health VCSE Forum

Thursday 12th July 2018

#VCSEEngage

GREATER MANCHESTER VCSE DEVOLUTION REFERENCE GROUP

GMCVO

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NHS in Greater Manchester

Greater Manchester Mental Health Programme

Greater Manchester: a snapshot picture

£56 Billion GVA
Fastest growing LEP in the country

2.7 Million People
Growth of 170,000+ in the last decade

104,000 People Unemployed
7.8% (above UK average of 5.5%)

77.7 Male Life Expectancy
England average: 79.3

81.3 Female Life Expectancy
England average: 83.0

112,000
People on long-term sick and inactive

GVA – Gross Value Added
LEP – Local Enterprise Partnership

12,000 Children
Not school ready

Who we are

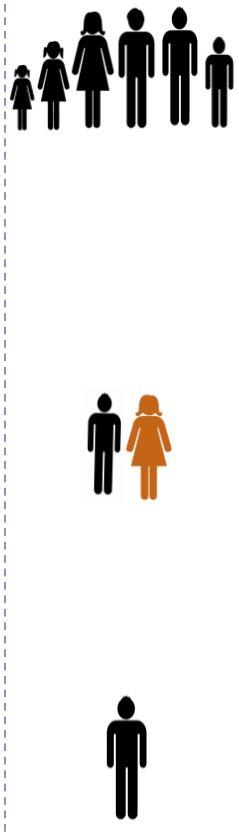
Greater Manchester Health & Social Care Partnership

- NHS organisations and councils
- Primary care
- NHS England
- Voluntary, community and social enterprise sector
- Healthwatch
- Greater Manchester Combined Authority
- Greater Manchester Police
- Greater Manchester Fire and Rescue Service

Shifting the Balance of Spending, Focusing Resources on Early Intervention and Prevention

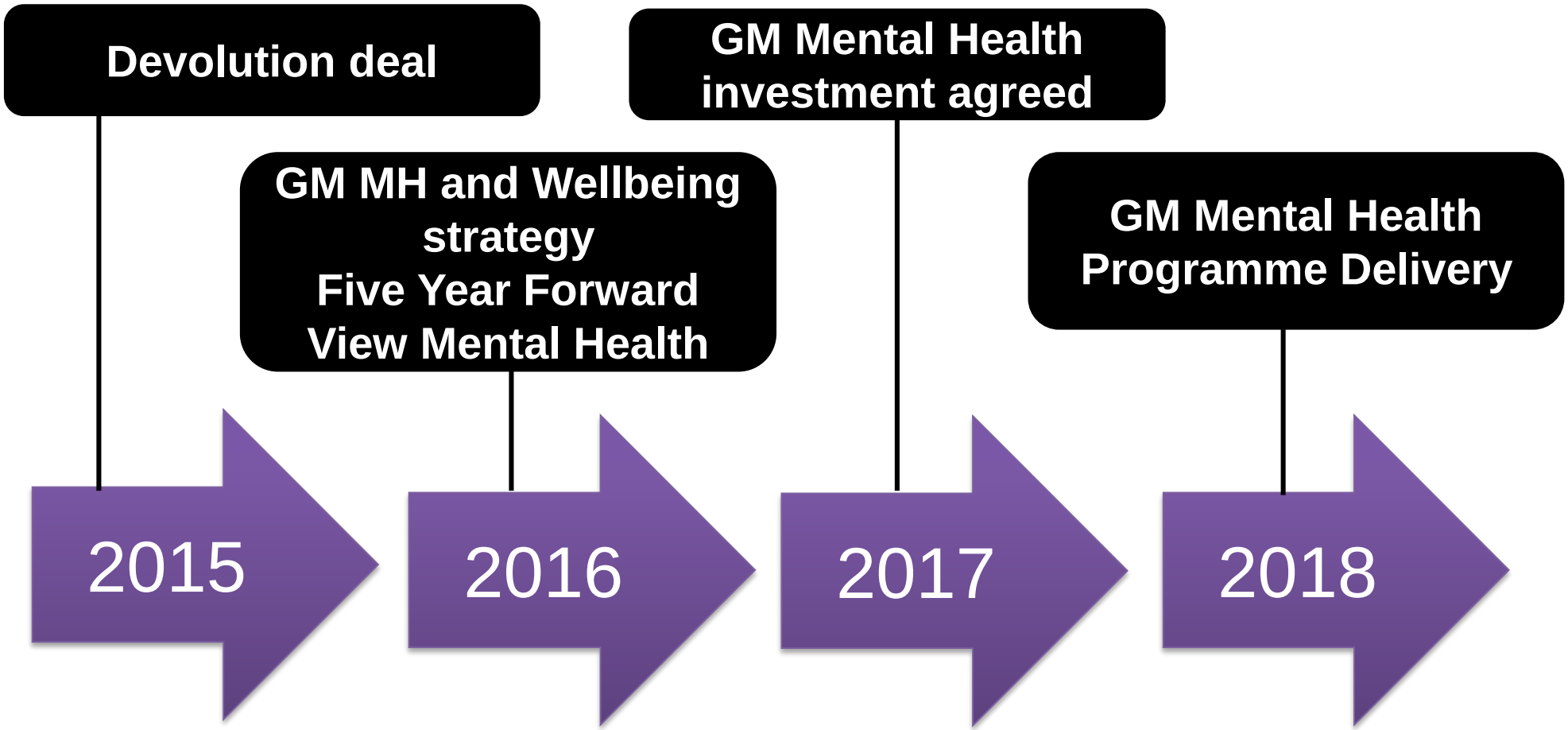
Working in Collaboration → To Support People in GM → and Improve Outcomes

- Local Government
- Health services
- Police
- Fire & Rescue
- Housing



- Cumulative Impact
- Addressing Demand Before It Escalates
- Reducing Expensive Reactive Services
- New Models of Early Intervention, Prevention and Provision Across Organisations

The Background



Devolution does **NOT** take away Greater Manchester responsibility to deliver on national mandated priorities, standards and targets

GM Mental Health Programme investment

£134 million investment in mental health

£78 million CCG baseline investment

£56 million GM transformation fund investment

GM Mental Health and Wellbeing Strategy Vision

Improving child and adult mental health, narrowing their gap in life expectancy, and ensuring parity of esteem with physical health is fundamental to unlocking the power and potential of GM communities.

Shifting the focus of care to prevention, early intervention and resilience and delivering a sustainable mental health system in GM requires simplified and strengthened leadership and accountability across the whole system.

Enabling resilient communities, engaging inclusive employers and working in partnership with the third sector will transform the mental health and well-being of GM residents.

How Greater Manchester will Deliver Our Share of the National Five Year Forward View Ambition by 2020/21 …

3,920 more children will access evidence-based mental health care interventions – including better access for ADHD, eating disorders + those with disabilities

Intensive all-age home treatment will be available in every part of GM as an alternative to inappropriate hospital admissions

No GM acute hospitals without all-age mental health liaison services, and 100% meeting the national 'core 24' service RAID standard + RADAR

At least 1,680 more women each year can access evidence-based specialist perinatal mental health care + additional local parent-infant MH support pathways

30 people fewer or 10% reduction suicides and all areas will have multi-agency suicide prevention plans in place (including acute hospital standards)

Increased access to evidence-based psychological therapies to reach 25% of need - 33,600 more people helped – primary care and LT condition care pathways

1,624 people with SMI who can access evidence-based Individual Placement and Supported Employment will do so - and GM Work & Health model support

15,680 people with SMI will have access to evidence based physical health checks and interventions – targeting smoking and obesity

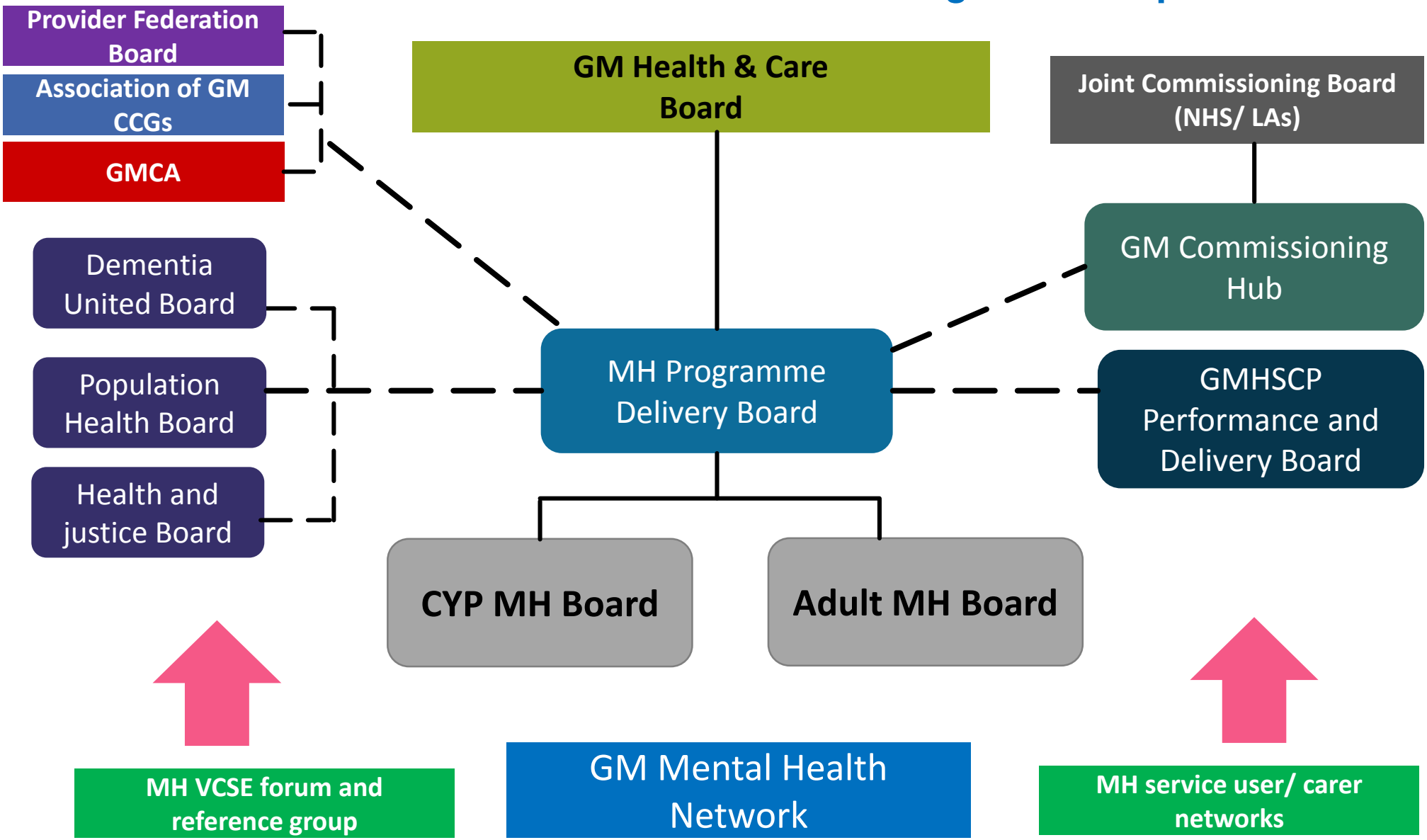
60% people experiencing a first episode of psychosis will access NICE concordant care within 2 weeks

Inappropriate out of area placements will be eliminated for adult acute mental health care - with targeted city-centre action, expanded local GM MH rehab specialist units + GMP/L&D triage

New models of care for tertiary MH will deliver quality care close to home, reduced inpatient spend, increased community provision and new crisis care models for children and young people

Right number of CAMHS/Eating Disorders/LD/Secure T4 beds in the right place – esp reducing the number of inappropriate out of area placements for children and young people

GM Mental Health Programme Implementation



Enabling programmes: business intelligence, finance and contracts, workforce, estates, IM&T

What are the Priority Workstreams?

Mental Health Programme Delivery Board

CYP MH Board

- CYP MH community based access and crisis care
- Perinatal and parent-infant mental health
- iTHRIVE and CYP MH workforce development
- Mental and Emotional wellbeing in education setting
- Student mental health
- Attention Deficit Hyperactivity Disorder
- Eating Disorders
- Service transitions

Adult MH Board

- Liaison MH
- Suicide prevention
- Mental wellbeing
- Increasing Access to Psychological Therapies
- Early Intervention in Psychosis
- Out of Area Placements
- Physical Health of People with Severe Mental Illness
- Individual Placement Support
- Personality Disorders

The Requirements for Sustainable Delivery

- **Cultural Change** – strong leadership role in ensuring culture change becomes reality and ensuring focus on core adult MH services and older people's MH firmly embedded

- **Capacity to deliver** – releasing capacity to drive the delivery of the strategy and programme support infrastructure

- **Balancing transformation with reliable delivery today** – understanding current performance and the impact of delivering the strategy

- **Links with the enablers of reform** – requirements on enabler work streams including IM&T, Workforce and estates – this will come through the system reform work currently underway

- **Link with locality plans and emerging Local Care Organisations** – localities forming a fundamental element of delivery

- **Communication and engagement** – internal and external activity to raise awareness and support new ways of working

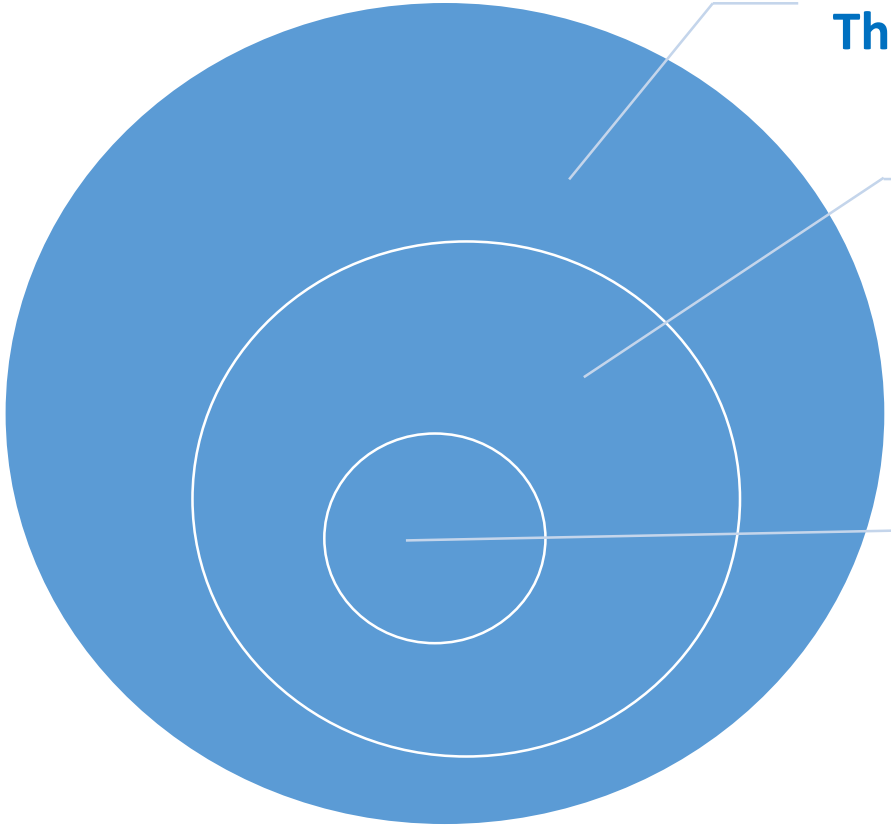
GM Mental Health Programme - Key Headlines

- First set of monies released to pan-GM Mental Health transformation funded programmes.
- Mentally Healthy Schools pilot launched in March 2018 and is fully underway across a wide number of education settings across GM. Pilot and evaluation expected to be complete by September 2018.
- The specialist Perinatal-Infant Community Mental Health Teams service rollout began in February 2018 and is now taking referrals in cluster 1 (South Manchester, Central Manchester, Stockport and Trafford). Capacity being built to roll out in clusters 2 and 3.
- Launch event for the CYP MH crisis care pathway took place on 17 April 2018 at the Macron stadium. Over 100 delegates from across the system attended.
- The MH VCSE forum took place on 18 April 2018 where colleagues learned about the development of Local Care Organisations and discussed VCSE engagement and influence at locality level.
- Phase 1 of Liaison MH services roll out taking place in Salford Royal, followed by the Royal Oldham hospital.
- Six Degrees, the provider for the Suicide Bereavement Liaison service are undertaking a scoping exercise across GM to determine the assets in each locality prior to roll out of the service.
- A new model to define Out of Area Placements in GM has been developed and work is ongoing with colleagues across the system to improve MH crisis care pathways.
- GM MH Workforce submission to Health Education England in March 2018 and plans in place to take this forward via a MH Workforce Reference Group
- VCSE and service user colleagues engaged in MH governance structures
- Launch of the iTHRIVE training and CYP workforce development hub took place on 18 May 2018.
- Launch of the Liaison MH (core 24) programme took place on 22 June 2018.

ANY
QUESTIONS
?

Children and young people CRISIS CARE PATHWAY

Model Structure



Children and young people CRISIS CARE PATHWAY

The Voice of CYP

1. We pledge to deliver care at a time and place and in a way that works for you.
2. We pledge to give you the right amount of help for the right length of time to keep you safe and supported.
3. We pledge to organise our services around you and your needs.
4. We pledge when you are in in crisis, services will be quickly available, responsive and flexible.
5. We pledge people working with you will be well trained and supported so they feel confident to better help you when you are struggling.

Children and young people CRISIS CARE PATHWAY

The Voice of CYP

6. We pledge you and those who care for you will be fully involved in your care, every step of the way.
7. We pledge different services and different agencies will work together.
8. We pledge that movement between services will be clear and planned.
9. We pledge to be transparent and clear with you about your care.

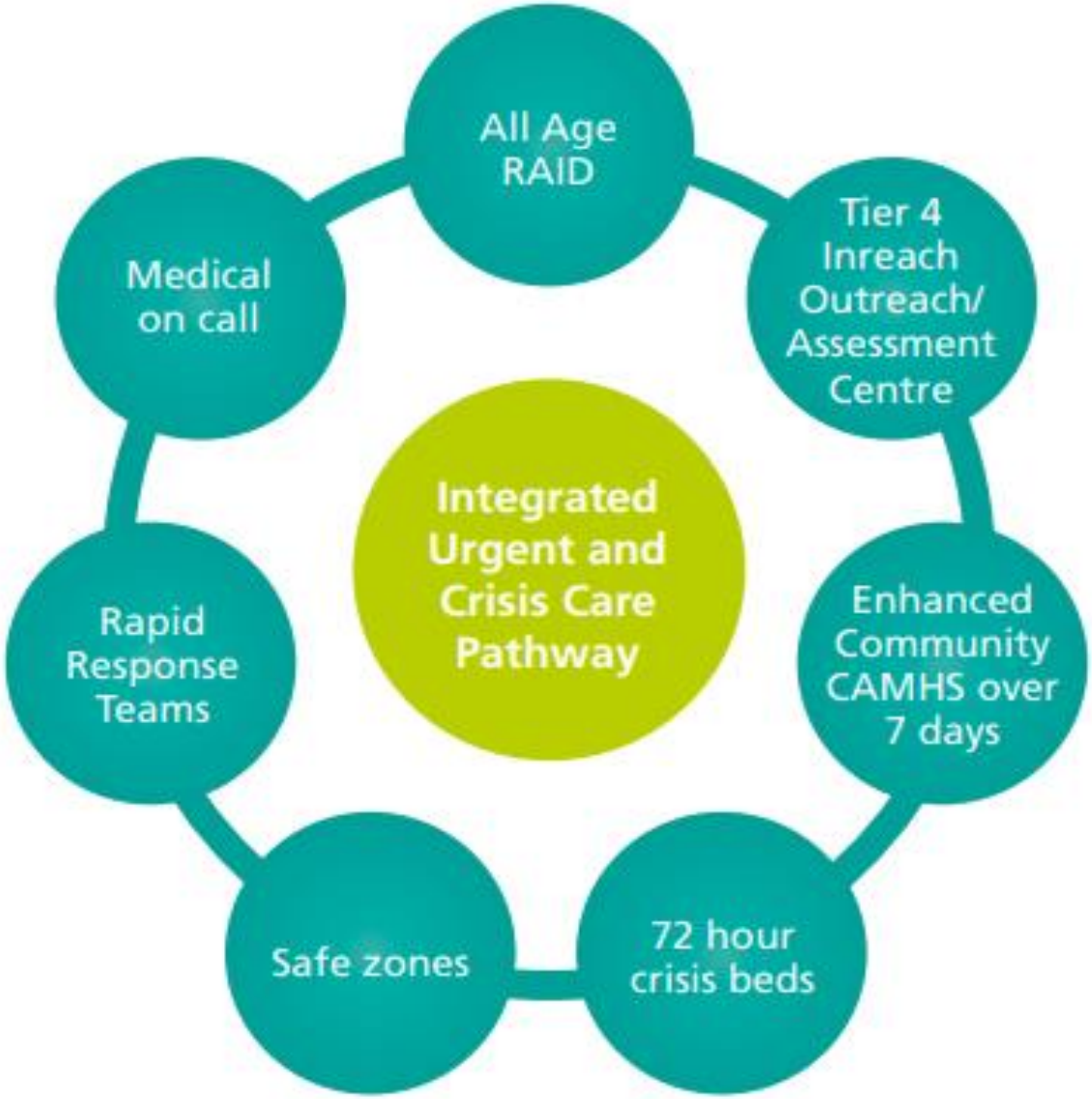
Children and young people CRISIS CARE PATHWAY

Principles of REACH-IN

- **R**ecovery focused & Responsive
- **E**vidence Based & Effective
- **A**ccessible & Available
- **C**omprehensive
- **H**olistic
- **I**ntegrated
- **N**eeds Led

Children and young people

CRISIS CARE PATHWAY



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Assessment Centre

- Assessment and case management service providing the seamless conduit from our Community CAMH services to inpatient settings, ensuring ‘care closer to home’
- Develop and deliver trusted assessment within the system to expedite those CYP who need inpatient settings
- Divert those who could be managed through an alternative to inpatient (assertive outreach and active case management/home treatment)

Children and young people CRISIS CARE PATHWAY

Assessment Centre

- Enabler of GM delegated CAMHS Tier 4 (General Adolescence and Eating Disorders beds) uniting the fractured commissioning landscape across the GM full pathway
- Provide active case management pre and post admission
- Provided by Pennine Care NHS Foundation Trust on behalf of GM CYP mental health inpatient beds alliance
- Consists of Service Lead and 5 Mental Health Practitioners

Fully operational January 2019

Children and young people CRISIS CARE PATHWAY

Rapid Response Teams

- 4 teams aligned to 10 localities and their Community CAMH Services

- Team Manager (1 x WTE AfC 8a)
- Snr MHP/CPN (1 x WTE AfC 7)
- RMN (3 x WTE AfC B6)
- TSW/AMHP (2 x WTE)
- YW (2 x WTE)
- Team Administrator (1 x WTE AfC B4)

Children and young people

CRISIS CARE PATHWAY

Children and young people CRISIS CARE PATHWAY

Rapid Response Teams

- First responders: need access to systems and CPA/CP plans in real time when dealing with a developing crisis
- When fully implemented, will ensure CYP seen within 2hrs either by the service or remotely through locality CAMHS
- Providing an assertive outreach model that aims to prevent further escalation and avoid hospital and/or A&E admission

Children and young people CRISIS CARE PATHWAY

Rapid Response Teams

- Support Core CAMHS, ChS Social Care and wider partners (VCSE Sector), providing consultation or advice – remote working - in real-time when dealing with a developing crisis
- Implementation:
  - Monday-Friday 9-5 January 2019
  - 7 Days 9-5 April 2019
  - 7 Days 8am-8pm July 2019
  - 24/7/365 October 2019

Children and young people CRISIS CARE PATHWAY

Safe Zone

- Rapid Response service will wrap around the Safe Zone acting as the point of access – referral gateway - whilst enabling self referral by 2020.
- No capital investment but through using existing youth orientated centres
- Safe Zone will mirror the adult Sanctuary Model.
- Safe Zones will offer a space to talk and provide assistance with coping after the initial crisis or trigger/relapse.
- Procurement summer 2018 for potential launch January 2019

Children and young people CRISIS CARE PATHWAY

72h Crisis Beds

- 2 beds allocated for the use of holding CYP for up to 72hrs enabling crisis care formulation and risk management plan to be developed
- Discharge options after 72 hours:
  - Return to home with multiagency wrap around crisis care and home treatment
  - Mental Health Assessment and onward access to inpatient setting (Tier 4)

- Launch January 2019

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Associated Elements

- Workforce
- GM Standards for vulnerable groups
  - Children affected by trauma, Looked after Children, Young Carers
  - LGBTQIA
  - Learning Disability, Neurological Conditions
  - Children and young people in contact with Youth Justice
- Single Trusted Assessment (ARK)
- GM i-Thrive & the application of REACh

Children and young people CRISIS CARE PATHWAY

Benchmarking

- Brief assessment of existing services
- Enables gap analysis
- Enables planning of REACH-IN implementation

www.penninecare.nhs.uk/gmccp

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Greater Manchester Adult Mental Health Service User Network

GM AMH SUN

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GM Adult Mental Health Sounding Board

Last April Jon Rouse formed a GM Adult Mental Health Sounding Board where every 3 months a group of 6 service users met with Jon, Warren and Maqsood so that Jon could run some ideas past this group about what he was thinking of implementing across Greater Manchester

In July 2017 I began working as a partner with Warren Heppolette, Executive Lead for Strategy in the GMHSCP, who values my opinion and treats me as an equal. This partnership is a **case study** about patients leading the way.

On my suggestion, we held a BPD workshop for those using or who had used services within the past 18 months within Greater Manchester. I designed and led the workshop.

As a result we now have *live* data from people with BPD on what works and doesn't work. The four clinicians that I chose to facilitate were all keen to be involved and the day was a success; although it was so emotionally and physically draining for me hearing some of what people go through to try and access services I felt that I could be involved at giving back to the community

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Greater Manchester Adult Mental Health Service User Network (GM AMH SUN)

- At the March 18 Sounding Board meeting Jon Rouse and his Executive Team agreed to support an innovative for a Greater Manchester Adult Mental Health Service User Network (GM AMH SUN)by providing the GMHSCP branding, funding and administrative support.
- It will also be important that Network members have their wellbeing supported through their participation.
- Since March the Sounding Board has been meeting frequently to enable us to launch the Network in July which will invite and tap into existing and new service user and carer groups, experts by experience and carers and public representatives across Greater Manchester's 10 boroughs.

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Aims of GM AMH SUN

- Greater Manchester Adult Mental Health Service User Network (GM AMH SUN) opens a channel for true collaboration, co-production, and change.
- Mental health services users, carers, and members of the public will come together with local mental health leaders, commissioners, and other experts by occupation, to discuss mental health service delivery and specific issues of mental health inequalities. The network will also gather examples of positive practice from across the GM boroughs.
- GM AMH SUN values the diversity, experience and opinion of its members. It is here to ensure that these insights and opinions are not only listened to, but acted upon, and used to improve the quality of our mental health services.
- By establishing a diverse and inclusive environment for the underrepresented, misrepresented, and seldom heard, GM AMH SUN creates a platform that will address systemic injustice and cultivate transparency, clarity, and understanding.
- GM AMH SUN understands the difficulties and barriers that some groups may face and welcomes participation from those who experience mental health inequalities, people who are not currently engaging with services (but are eligible for them), and those with *protected characteristic groups:

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Aims of GM AMH SUN cont.

- *Protected characteristics:
- Race. Religion or beliefs. Sex. Disability. Age. Sexual orientation. Pregnancy and maternity. Marriage and Civil Partnerships. Gender reassignment.
- So that no voice goes unheard and to ensure that those engaging with the network feel valued and respected, all members and guests of the network are expected to treat others with courtesy and compassion.
- In order to maintain a friendly, collaborative, and constructive environment, that remains free of discrimination, harassment, and victimisation, it is a requirement that anyone taking part in GM AMH SUN meetings and events agrees to abide an agreed Code of Conduct

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Motto

Respectfully Challenge

is the motto of

GM AMH SUN